

IS DISCRIMINATION AGAINST MEN REAL? HOW CAN WE STOP IT?

What discrimination exactly is? Discrimination is to single out or to make a distinction, which may be in favour of or against a person or anything, based on caste, gender. What comes to your mind when the word 'discrimination' is said to you?

Discrimination against a particular caste? Discrimination against women? I know. But try to see from a different perspective. Don't you think men suffer from discrimination? Yes! They also.

Discrimination against men is real and it happens. It is a very common perception that only women are discriminated on the basis of sex, but discrimination against men also happens and the reality is that our society simply don't bother. I have a brother and I feel it. There's a common phrase -"Boys dont cry" ."Ladke nahi rote". I asked him and he told me " I am strong enough to control my emotions ". It's no one but Society, who makes us believe that Men do not have emotions. It's wrong guys! Men cry and it's normal! Yes. This is the mentality of today's generation, today's youth. It's demoralizing to hear this from Feminists. Who are Feminists? What they do? Feminism is a thought that just as men, women also should have claim to the same kind of rights and facilities and also, shouldn't be considered inferior to men. They want equal rights, they want freedom, but not going through equal struggles as men do. Let's not throw a general statement. But most of women being a feminist want to show the standard of men in society, to demolish masculinity. We are

human-beings. No human is perfect. People do judge others. Think about this, girls. We girls like tall guys, with great physique, we talk, we discuss, right? Now if there's a reversed-situation, if men says " Nooo, I like skinny girls" and then BANG!

Why do we look at them as criminals? So many words! Typical...judgemental...stereotype. So what if a man like lean girls? What's wrong in that? People do have different choices. Women also have different choices.

If women enters a job which believed to be male- dominated job then of course she is praised. " Beti thodi hai? Beta hai beta!" On the contrary if men starts a job which is believed to be domains of women, why he is not praised? Comments were passed - " What are you? A girl?" Slow claaaps. Remember the - KI AND KA? Relatable much? Isn't it?

Let's talk about Central Government Act.

Section 375 Indian Penal Code says-

Rape- A man is said to "commit" rape who, except in the case hereinafter excepted, has sexual intercourse with a woman under circumstances falling under any of the six following description:-

First- Against her will.

Second- Without her consent.

What about "Against his will" ? What about "Without his consent"? It's the fact that men who are victims of this kind of

crime are marginalized by the society. All men are not same guys. " Men are not vulnerable"- Thus is rubbish!

It is also true that men are given much higher sentences than women convicted of the same crimes in federal court. Why it would be so? There are few people out there, shouting for gender equality, I want to ask why there would be discrimination in matter of prison terms? When they see women beaten up by men, everyone loses their mind, and if same thing happens but the victim is a man, then it becomes a comical scene! "Dekho, aurato se maar khata hain". Whether you're a girl or a boy, no one has the right to raise their hands on any one. It's against the law guys.

HOW CAN WE STOP THIS?

We have to change our mentality. Start it from the root. Changes should bring in the upbringing of children. Children learn to discriminate between boys and girls from their very childhood. We should abolish the stereotypical thinking that girls only play with dolls and boys should play with cars. Boys don't cry, girls can. Do not scold them. Instead watch your children, encourage your girl to be more active and boys to do whatever they may like. Cinemas, in our society has a great and deep-rooted impact. But it uses so many negative images like women are weak and are available all the time, which is wrong. Also, men are emotionless and strong. This are enmeshed so deeply in the society that it would be really difficult for the upcoming

generation to think otherwise. We won't be able to stop discrimination against men until we stop feminism, rather I believe that it's a high time to drop this thought and instead promote Humanism.

I know women were treated badly till the last century. But time is changing. Next generation should be taught to respect not only women but also, both the genders. Otherwise we will not be able to solve any problem.